



## WHERE ARE YOU FROM?

Blenheim

## WHAT ARE YOUR IWI AFFILIATIONS?

Ngāti Kuia, Ngāti Apa ki te Ra To, Rangitane o Wairau, Ngāti Toa, Ngāi Tahu, Ngāti Kahungunu ki Wairarapa

## WHĀNAU INFO (optional):

Blessed with two beautiful sons, Sione (8) and Siuta (5)

## BACKGROUND:

I have a background in working in Māori Health over the past decade, originally starting my journey in Blenheim working as the receptionist for a Māori Health provider. Following my move to Tamaki Makaurau in 2008, I have worked for Auckland and Waitemata DHB's in a number of roles, and currently works for Hāpai Te Hauora, a Māori Public Health unit based in Henderson, alongside my role as Kia Ora Hauora Auckland Metro Coordinator.

## WHAT'S THE BEST PIECE OF ADVICE YOU'VE EVER BEEN GIVEN?

Enable others to shine. It sings volumes of who you are. By empowering others to succeed, you will reap the rewards!

## WHAT'S YOUR FAVOURITE WORD IN TE REO MĀORI?

Matauranga

## WHAT'S THE MOST IMPORTANT THING YOU'VE LEARNT IN LIFE?

You don't always need to know everything. But make sure you surround yourself with those that fill the gaps in your knowledge, and soak it all in!

## WHO INSPIRES YOU?

My grandfathers - Rangī Rule and Ian Hart (RIP). Both incredibly hard working men who's values centre me in understanding the true meaning of love.

## WHAT ARE YOU PASSIONATE ABOUT?

I am passionate about serving our whānau, hapū, iwi and communities. I am blessed to have roles that enable this passion to weave throughout my day to day mahi, and it makes my day feel meaningful, every day.

## WHAT ARE YOUR INTERESTS AND ACTIVITIES OUTSIDE OF MAHI?

I love Netball, Basketball and anything competitive (it's in our blood). I also love spending time with my whānau, and go home to Blenheim every opportunity I can to rejuvenate and reset myself on my own whenua/wai.

## WHAT ADVICE WOULD YOU GIVE SOMEONE WHO WANTS TO PURSUE A CAREER IN HEALTH?

Put yourself forward, don't hold back on what you can offer the health sector. We need whānau who are natural carers of each other, something inherent in us as Māori. Being able to serve your people is one of the greatest gifts, and the health sector enables you to do that every day.

## WHAT CONSTITUTES A GREAT DAY?

Being woken up every morning by my tamariki, seeing their smiles as they run through the school gate, and being given the opportunity to work in a role such as the Kia Ora Hauora Auckland Metro Coordinator where I get to interact with taura, health professionals, educators, whānau and many others. Every day has variety and it keeps me excited and on my toes!

## WHAT IS YOUR FAVOURITE MOVIE?

Love and Basketball

## WHAT IS YOUR FAVOURITE SONG?

Zion by Lauryn Hill