



## WHERE ARE YOU FROM?

*Born in Foxton, raised in Himatangi Beach and Levin*

## WHAT ARE YOUR IWI AFFILIATIONS?

*He uri ahau no Muaupoko, Ngāti Raukawa, Te Atihau-nui-a-Paparaangi, Ngāti Tuwharetoa, Tainui me Te Arawa*

## WHĀNAU INFO (optional):

*Married with three adult children, studying at Tertiary level and my whānau is everything to me.*

## BACKGROUND:

*My current role is the Pou Manukura Kia Ora Hauora Midland Programme Facilitator. I was previously employed at the Whanganui District Health Board in two roles, the Haumoana Maori Workforce Development Coordinator for Te Hau Ranga Ora – Māori Health Services. This role was responsible for setting up the Maori Workforce and health careers, also looking after Kia Ora Hauora for the DHB region. My 2nd role was the Learning and Development Administrator in Human Resources. Because of my Military background, my strengths are exceptional time management, outstanding organizational skills, can multi task to the max and confident and comfortable with building enduring relationships.*

## WHAT'S THE BEST PIECE OF ADVICE YOU'VE EVER BEEN GIVEN?

*'To strive forward and never give up on your aspirations'. I share this whakatauki with all my rangatahi and taura in the Midland region*

## WHAT'S YOUR FAVOURITE WORD IN TE REO MĀORI?

*'Aue'*

## WHAT'S THE MOST IMPORTANT THING YOU'VE LEARNT IN LIFE?

*'Whāia te iti kahurangi ki te tūohu koe, me he maunga teitei Pursue excellence – should you stumble, let it be to a lofty mountain'*

## WHO INSPIRES YOU?

*My whānau*

## WHAT ARE YOU PASSIONATE ABOUT?

*Kia Ora Hauora programme is my passion and to the Midland Maori graduates succeed in their aspirational goals.*

## WHAT ARE YOUR INTERESTS AND ACTIVITIES OUTSIDE OF MAHI?

*'Spending quality time with my whānau'*

## WHAT ADVICE WOULD YOU GIVE SOMEONE WHO WANTS TO PURSUE A CAREER IN HEALTH?

*Don't let anything stop you from achieving your aspirational goals to pursue Hauora as a career. Make sure you have whānau support and look after your own well being*

## WHAT CONSTITUTES A GREAT DAY?

*'Seeing rangatahi and taura achieve within their studies*

## WHAT IS YOUR FAVOURITE MOVIE?

*Anything on Netflix - comedy, action and romance*

## WHAT IS YOUR FAVOURITE SONG?

*Any songs of Fleetwood Mac*