

PHYSIOTHERAPY N
Kōmiri Aotearoa

PHYSIOTHERAPIST KAIROMIROMI

Physiotherapists work to maintain and promote people's health. They help use education and teach self-management strategies to restore function and independence when people have an injury, disability or problem caused by physical, neurological or nervous system disorders. Physiotherapy uses proven techniques to help restore movement and function to anyone affected by an injury, disability or health condition.



Kia Ora **Hauora**
Supporting Māori into Health

WHAT IS A PHYSIOTHERAPIST?

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WHERE DO PHYSIOTHERAPISTS WORK?

They work in various locations

- private and public practices,
- hospitals,
- work with sports teams
- Marae
- rehabilitation centres
- community centres
- schools
- prisons

WHAT TRAINING IS INVOLVED?

To become a physiotherapist, you need a Bachelor's degree in Physiotherapy. Physiotherapist degrees are available from two universities and WINTEC.

- Bachelor of Health Science (Physiotherapy) from Auckland University of Technology (AUT)
- Bachelor of Physiotherapy from University of Otago

Both courses take four years and consist of a first year studying common health science and three years studying physiotherapy.

WHAT CLASSES SHOULD I TAKE NOW?

NCEA Level 3 is required to enter tertiary education and these subjects may be useful:

- Maths
- Science
- Human Biology
- Chemistry
- Te Reo Māori
- English

